

ORDER OF EVENTS
(Jeffco meets start at 3:45)

Field Events

Girl's triple jump, Girl's pole vault, Girl's shot put
Boy's long jump, Boy's high jump, Boy's discus

Running Events

800m Medley Relay

4 x 800m Relay

100m Hurdles

110m Hurdles

100m Dash

4x200m Relay

1600m Run

4x100 m Relay

400m Dash

300m Hurdles

800m Run

200m Dash

3200m Run

4x400m Relay

Most meets will run consecutively in this order. Field events will run throughout the meet and will immediately follow with the opposite gender event. (When they finish girl's triple jump they will start boy's triple jump) Girls running events are usually in the first heats.