

Jeffco 4A Qual Meet March 17, 2009

place	Girls	time	pl	Boys	time	place	Girls	time	pl	Boys	time
3200 m run			10	trevor	11:37.7	100m dash					
			20	Eric	12:36.0	5	Amber	13.87	2	Rhett	11.41
			21	Alec	13:22	8	Venise	14.3	8	Cyrus	11.93
800 medley						4 x 200relay			16	Hami	12.4
100						5th	Emma	2:03	3	JC	01:35.5
100							Katie			Rhett	
200							Bri			Matt	
400							Amber			Cyrus	
4x800mrelay						1600m run					
			8	Josh	09:57.5	3	Torie	5:45	10	Derek	05:21.5
				Jack		11	Christa	6:18	15	Alani	05:37.0
				Ben					16	Eric	05:41.0
				Alani							
100m hurd						4 X 100 relay					
14	Miranda	20.86	3	Cody	16.8	6	Emma	57.51	3	Hami	46.5
			9	Gary	19.76		Katie			Rhett	
							Bri			Matt	
							Amber			Cyrus	
400m Run						200m Dash					
21	Lizzy	1:22	1	JC	52.96	10	Venice	30.19	9	Cyrus	25.19
			11	Kyle	57.23				17	Iaian	26.06
			16	Mike	58.53				19	Kyle	26.36
300m Hurd						4 x 400					
14	Miranda	1:33	8	Ben	48.1				7	Jc	04:00.2
			18	Drew	51.48					Brian	
										Kyle	
										Samuel	
800m Run											
			14	Jack	02:20.3						
			18	Seth	02:28.1						
Discus						Shot Put					
10	Melanie	62-04	4	Cody	114-01	18	Heather	22-02	5	Derik	40-05
20	Lanna	47-02	13	Gilang	90-02	21	Melanie	19-02	6	Cody	40-05
22	Heather	46-02	14	Bradley	90-00	23	Leanna	17-02	20	Marcel	32-10
Long Jump						Triple Jump					
5	Amber	14-05	2	Rhett	19-02	20	Bri	23-11	11	Brian	38-01
			19	Haku	16-05				14	Ben P	37-00
			28	Mike	13-06				26	Caleb	33-00.75
High Jump						Pole Vault					
			3	Josh	0-5-10	6	Miranda	00.6-0	1	Cody	0-11-00
			6	LO	0-5-04				2	Matt	0-10-00
			9	Haku	0-5-02						